



For Immediate Release

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Ahmad Al-Mubaslat, MD, FACE, Joins Medical Group of Kansas City
Board-certified specialist delivering comprehensive endocrinology care.

Kansas City, MO (March 8, 2010) – Ahmad Al-Mubaslat, MD, FACE, an endocrinology specialist, has joined the Medical Group of Kansas City and the staff of Research Medical Center. Dr Al-Mubaslat is a diplomate of the American Board of Internal Medicine and of the American Board of Endocrinology, Diabetes and Metabolism.

Dr. Al-Mubaslat has been recognized as a thought leader and one of the country's most influential physicians in the field of diabetes. He was included in the Qforma national Most Influential Doctors list, published in May of 2009 in *USA Today*. This recognition resulted from fellow physician and patient input, as well as his practice history in Kentucky, the state in which he was practicing when listed. Among his professional affiliations, Dr. Al-Mubaslat is a member of the American Association of Clinical Endocrinologists, the American Diabetes Association, the Endocrine Society, the American College of Physicians and is an honorary member in the American Association of Gastroenterology.

Dr. Al-Mubaslat completed an internal medicine residency at the Brown University School of Medicine program at the Memorial Hospital of Rhode Island. Following that, he served as the chief medical resident at the Northside Medical Center in Youngstown, Ohio, an affiliate of the Northeastern Ohio Universities Colleges of Medicine. He then served a fellowship in endocrinology and metabolic diseases at the Phoenix city-wide endocrine program, based at the Good Samaritan Medical Center and the Phoenix VA Medical Center. Dr. Al-Mubaslat was most recently an endocrinologist with the Lexington Clinic, a large multispecialty practice in Lexington, Ky.

The physicians of the Medical Group of Kansas City have been serving the Kansas City community for nearly 40 years, delivering complete primary care for patients. The practice has convenient locations in both Kansas City and Overland Park, accepts all major health insurance plans and offers same and next day appointments. Dr. Al-Mubaslat is now accepting new patients at the Kansas City (Brookside) location. For more information, please call 816-276-6405 or visit MyMidwestPhysician.com

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About Midwest Physicians

Midwest Physicians, part of HCA Midwest Health System, consists of practices located throughout the Greater Kansas City metropolitan area and staffed with experienced, multi-specialty physicians.

Currently Midwest Physicians represents 216 physicians, including 101 primary care providers and 115 specialists. There are 56 physician practices providing care in 69 locations to serve the community.